

ONLINE RESOURCE GUIDE

The Transition Assistance Program (TAP) provides training, information and services to help Service members and their families transition to civilian life. The Military Life Cycle (MLC) modules help Service members, Veterans and their families take full advantage of VA benefits and services. The Reserve Components Dual Payments module presents key information related to dual payment for reserve component members including defining dual payment, explaining why and how to waive payment and stating how circumstances may change for those Service members who return to active duty. This Online Resource Guide provides you with the web links to important resources related to the course.

RCDP MLC

VA TAP ONLINE COURSES

The VA TAP Course Catalog is a comprehensive resource that includes information about all VA TAP course offerings, direct links to on-demand web-based training and downloadable reference materials.

To access these courses, navigate to the <u>VA TAP Course Catalog</u>. You may also scan the QR code at the top of this page. Then, select from the list of courses available in the VA TAP Curriculum.



Links

RESOURCES

Key VA Resources

The VA.gov website offers current resources, tools and contact information for all VA benefits and services that may be available to Service members, Veterans, their families, caregivers and survivors.

• VA home page



• VA benefits hotline: 1-800-827-1000

• Hearing impaired benefits hotline: 1-800-829-4833

• Technical Issues: 1-800-983-0937

Military Pay

<u>Defense Finance and Accounting Service (CFAS) Military Pay Rates</u>



Disability Compensation

• Veterans Disability Compensation Rates



Links

Concurrent Receipt

- VA Form 21-8951-2, Notice of Waiver of VA Compensation or Pension to Receive Military Pay and Allowances (PDF)
 - For specific questions related to the VA form 21-8951-2, reach to your VA Regional Office or Military Pay Office.
- VA's M21-1, Part III, Subpart v, Chapter 4, Section C, Topic 1: General Information on Waiver of VA Benefits During Reserve or Guard Drill (Microsoft Word Document)

Additional Resources

- VA Regional Offices
- VA Call Center: 1-800-827-1000
- VA's National Guard and Reserve website
- Summary of VA Benefits for National Guard and Reserve Members and Veterans (PDF)
- Ask VA (AVA), formerly Inquiry Routing & Information System (IRIS)