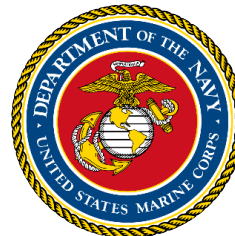




TRANSITION INTERAGENCY WEBSITE GUIDE

Effective
April 2025



Disclaimer: The information provided herein does not constitute a formal endorsement of any company, its product, or services by the Transition Programs interagency partners. Specifically, the appearance or use of external hyperlinks does not constitute endorsement by the transition interagency partners of the linked websites, or the information, products, or services contained therein. The transition interagency partners do not exercise any editorial control over the information you may find at these locations. While this information provides informational resource materials to assist military personnel and their families in identifying or exploring resources and options, the resources provided are not exhaustive.

All websites, URLs and screen shots within this guide are active at the date of publication. However, URLs and web content are subject to change without notice, and users of this guide are advised to follow links to confirm information is of the latest version.

TABLE OF CONTENTS

How to Use This Guide5

TAP RESOURCES7

MILITARY SERVICES7

CAREER PLANNING8

DISABILITY/WOUNDED, ILL, & INJURED..... 11

EDUCATION 13

EMPLOYMENT 23

 EMPLOYMENT RESOURCES 23

 INTERNSHIPS 26

 JOB BOARDS / JOB SEARCH ENGINES 26

 JOB FAIRS / HIRING EVENTS 28

 LABOR MARKET INFORMATION 29

 MILITARY-TO-CIVILIAN TERMINOLOGY TRANSLATION 29

 OVERSEAS EMPLOYMENT 30

 RESUME SCANNERS..... 30

 SALARY RESEARCH..... 31

ENTREPRENEURSHIP..... 32

FAMILY & CAREGIVER SUPPORT 34

 MILITARY SPOUSE EMPLOYMENT..... 38

FEDERAL, STATE, & LOCAL RESOURCE LOCATORS 38

FINANCE – PERSONAL & FAMILY	42
HEALTHCARE	46
HOUSING	50
LIFE INSURANCE	51
MENTAL HEALTH	53
SEXUAL ASSAULT AND MILITARY SEXUAL TRAUMA.....	55
SOCIAL MEDIA AND NETWORKING	56
VOLUNTEER OPPORTUNITIES	56
ADDITIONAL INFORMATION AND RESOURCES	57

How to Use This Guide

Welcome to the Transition Interagency Website Guide (TIWG)!

This guide was created to support the courses presented throughout TAP and YRRP. The resources listed in this document have been reviewed by the transition interagency partners as possible sources of assistance to transitioning and reintegrating service members, veterans, family members, and caregivers.

The guide is designed to help you quickly find and access the many online resources discussed within the transition courses and is organized alphabetically by major topic headings.

To find specific links related to a subject of interest:

- Use the **Search** field in the menu bar of your PDF reader
- OR**
- Use the **Find** function by pressing “**CTRL+F**”
- Enter the subject-related keywords or organization names into the search field for your desired topic

EXAMPLE

RESOURCE	DESCRIPTION	URL	COURSE
EMPLOYMENT			
First resource example name	Describe the resource	https://www.example.mil	Course
Second resource example name	Order resources in alphabetical order.	https://www.url.mil	Course

Note that the COURSE column in the example specifies in which course the website or resource is located. The table below indicates the agency responsible for the course and the acronym used within the TIWG to identify the course.

AGENCY	TAP COURSE(S)
DOD = Department of Defense	PSC = Pre-Separation Counseling FP = Financial Planning for Transition MYT = Managing Your Transition MOC = MOC Crosswalk MYE = Managing Your Education DoD = Included in all above curricula
DOL = Department of Labor	EFCT= Employment Fundamentals of Career Transition DOLEW = Department of Labor Employment Workshop C2E = Career and Credential Exploration WWCEW = Wounded Warrior and Caregiver Employment Workshop DOL = Included in all above curricula
VA = Department of Veterans Affairs	VABAS = VA Benefits and Services
SBA = Small Business Administration	B2B = Boots to Business
ALL	ALL = information is included in all Transition curricula

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

TAP RESOURCES

Department of Defense	DOD TAP	www.DoDTAP.mil	PSC
Department of Education	Programs supporting veterans.	https://www2.ed.gov/about/offices/list/ope/supporting-veterans.html	PSC
Department of Labor	DOL TAP	https://www.dol.gov/agencies/vets/programs/tap	EFCT
Department of Veterans Affairs	VA TAP	https://benefits.va.gov/transition	VABAS
Small Business Administration	Office of Veteran Business Development	https://www.sba.gov/about-sba/sba-locations/headquarters-offices/office-veterans-business-development	B2B
Transition Assistance Participant Assessment	Assessment tool for TAP courses.	https://www.dodsurveys.mil/tap	ALL
Transition Online Learning	Online courses and participant guides for TAP and Military Lifecycle Courses (MLC).	https://www.TAPevents.mil/courses https://www.TAPevents.mil/resources	ALL
VA Solid Start	Contacts transitioning Service members post-separation to assist them with connecting to VA benefits and resources.	www.benefits.va.gov/benefits/solid-start.asp	VABAS
Yellow Ribbon Reintegration Program (YRRP)	Resources for National Guard and Reserve members, their families, and communities, to use throughout the deployment cycle.	https://www.yellowribbon.mil/	MYE

MILITARY SERVICES

Air Force/Space Force	Military and Family Readiness Centers	https://www.afpc.af.mil/Military-and-Family/Transition-Assistance-Program/	PSC/MYT
Army	Army Transition Centers	www.armytap.army.mil	PSC/MYT

RESOURCE	DESCRIPTION	URL	COURSE(S)
Coast Guard	Health, Safety, and Work-Life Services Center	https://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Health-Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG-111/Work-Life-Field-Offices/	PSC/MYT
Marine Corps	Transition Readiness Program	Transition Readiness (usmc-mccs.org)	PSC/MYT
Navy	Fleet and Family Support Centers	https://www.cnic.navy.mil/ffr/family_readiness/fleet_and_family_support_program/work-and-family-life/transition_assistance/	PSC/MYT

CAREER PLANNING

Apprenticeships	Connects career seekers, employers, and education partners with apprenticeship resources.	www.apprenticeship.gov	MOC
Apprenticeships (DOL)	General information about apprenticeships and contact information for regional and local state apprenticeship agencies.	https://www.dol.gov/agencies/eta/apprenticeship	DOL
Army Career Skills Program	Employment skills training, on-the-job training, pre-apprenticeships, and internships for transitioning soldiers.	https://home.army.mil/imcom/index.php/customers/career-skills-program	MOC
Bureau of Labor Statistics	Occupational Outlook Handbook with occupation descriptions.	www.bls.gov/ooh/	DOL

RESOURCE	DESCRIPTION	URL	COURSE(S)
Career Seekers	Resources on apprenticeships for career seekers and employers, including specific information for military members and veterans.	https://www.apprenticeship.gov/career-seekers/service-members-and-veterans	C2E
CareerScope®	Self-administered career assessment tool that measures aptitude, interests, and work values.	https://tap.careerscope.com/en/portal/dol-vets	C2E
Community College of the Air Force (CCAF) Transcript	Instructions to request a transcript from the Community College of the Air Force.	https://www.airuniversity.af.edu/Registrar/Transcript-Requests/	MYE
Credentialing Opportunities On-Line (COOL)	Resources to help Service members attain a civilian credential by matching military occupations to civilian credentials (occupational certifications, licenses, and apprenticeships).	DOD: https://www.cool.osd.mil Army: https://www.cool.osd.mil/army/ Marine Corps: https://www.cool.osd.mil/usmc/ Navy: https://www.cool.osd.mil/usn/ Air and Space Force: https://afvec.us.af.mil/afvec/af-cool/welcome Coast Guard: https://www.cool.osd.mil/uscg/	MOC
DANTES Kuder Career Interests Assessment®	Assessment to determine interests, skills, and work values. Results can be used to build a personal career plan and explore occupational information.	https://dantes.kuder.com/landing-page	MYE
Department of Labor – Veteran Resources	Employment resources for transitioning Service members and veterans.	https://www.dol.gov/agencies/vets VETS Regional Offices: https://www.dol.gov/agencies/vets/about/regionaloffices	DOL

RESOURCE	DESCRIPTION	URL	COURSE(S)
Employee Summary Sheet (ESS-CG)	Accessible for active-duty USCG personnel only with a Common Access Card (CAC).	https://rb.gy/3q6rf6	DoD
Joint Services Transcript (JST)	Document to validate military occupational experience and training and provide the corresponding college credit recommendations.	https://jst.doded.mil/	MYE
Career One Stop--Licensing/Certification/Training	Tools to explore certifications and licenses by occupation or industry and find training programs, schools, or college majors in the U.S.	Certification Finder: www.careeronestop.org/Toolkit/Training/find-certifications.aspx License Finder: www.careeronestop.org/Toolkit/Training/find-licenses.aspx Find Training: www.careeronestop.org/FindTraining/	DOL
MilGears	Suite of tools that provide custom results and documentation for career planning.	https://milgears.osd.mil/	MOC
My Next Move for Veterans	Tools to explore and compare civilian career opportunities.	https://www.mynextmove.org/vets/	DOL
O*NET Interest Profiler	Self-assessment to determine interests and explore careers related to those interests.	https://www.mynextmove.org/explore/ip	C2E
O*NET Online	Search based on goals and needs for over 900+ occupations with detailed descriptions.	https://www.onetonline.org/	C2E

RESOURCE	DESCRIPTION	URL	COURSE(S)
O*NET Work Importance Locator tool	Self-administered and self-interpreted career assessment exploration tool.	https://www.onetcenter.org/reports/WIL_Archive.html	C2E
Off-Base Transition Training (OBTT)	Employment workshops conducted off base for veterans, National Guard and Reservists, and their spouses.	https://www.dol.gov/agencies/vets/programs/tap/off-base-transition-training	DOL
Personalized Career Planning and Guidance (PCPG)	Free educational and career guidance, planning, and resources.	https://benefits.va.gov/TRANSITION/PCPG.asp	VABAS
U. S. Coast Guard (USCG) Record of Professional Development (CG-4082)	Optional form that documents all significant education, training, and qualifications for USCG officers.	Request from Admin	MOC
United States Military Apprenticeship Program (USMAP)	Search for apprenticeships based on current military occupation.	https://usmap.osd.mil/index.htm	MOC
Verification of Military Training and Experience (VMET)	Complete history of military training and work experience for all Services except USCG.	https://milconnect.dmdc.osd.mil/milconnect/public/fag/Training-VMET	MOC

DISABILITY/WOUNDED, ILL, & INJURED

Adaptive Tools for Service Members	Resource for assistive technology and devices to support individuals with disabilities and wounded, ill, and injured Service members throughout DoD.	https://www.cap.mil/	PSC
American with Disabilities Act (ADA)	Comprehensive information on an individual's rights and responsibilities under the ADA.	https://www.ada.gov/	EFCT, WWCEW

RESOURCE	DESCRIPTION	URL	COURSE(S)
Benefits Delivery at Discharge (BDD)	How to file a claim for disability benefits 180 to 90 days before leaving the military.	https://www.va.gov/disability/how-to-file-claim/when-to-file/pre-discharge-claim/	VABAS
Disability Compensation MLC Course	Learn about VA disability compensation that may be available to eligible transitioning Service members and Veterans.	Navigate to Disability Compensation Course: https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
Fully Developed Claim (FDC)	How to file a claim for disability benefits 89 days or less before separation from active duty.	https://www.va.gov/disability/how-to-file-claim/evidence-needed/fully-developed-claims/	VABAS
Integrated Disability Evaluation System (IDES)	Information on the process for medical separation or retirement from the military.	https://www.benefits.va.gov/predischarge/ides.asp	VABAS
Job Accommodation Network (JAN)	Free and confidential guidance on job accommodations and disability employment issues.	https://askjan.org/index.cfm	EFCT, WWCEW
Office of Disability Employment Policy (ODEP)	Federal agency that promotes policies and coordinates with employers and government to increase workplace success for people with disabilities.	https://www.dol.gov/agencies/odep	EFCT, WWCEW
Office of Federal Contract Compliance Programs (OFCCP)	Guidance on Section 503 of the Rehabilitation Act of 1973 regarding discrimination in employment against individuals with disabilities.	https://www.dol.gov/agencies/ofccp	EFCT, WWCEW

RESOURCE	DESCRIPTION	URL	COURSE(S)
Understanding Your Employment Rights Under the Americans with Disabilities Act (ADA): A Guide for Veterans	Veteran-specific information regarding employments rights under the ADA.	https://www.eeoc.gov/laws/guidance/understanding-your-employment-rights-under-americans-disabilities-act-guide-veterans	EFCT, WWCEW
VA Disability	Information on VA disability pay for veterans who got sick or injured while serving in the military.	https://www.va.gov/disability/	VABAS
VA Disability Compensation	Information on what to expect once you apply for disability compensation.	https://www.va.gov/disability/about-disability-ratings/	VABAS
VA Disability Compensation for PTSD	Information for Veterans who developed posttraumatic stress.	https://www.va.gov/disability/eligibility/ptsd/	VABAS

EDUCATION

8 Keys to Veterans' Success	Voluntary initiative that highlights ways for colleges to support veterans and Service members in their transition to higher education.	https://www.ed.gov/veterans-and-military-families/8-keys-success-sites	MYE
Accredited Schools Online	Focuses on school accreditation for colleges, universities, trade schools, and online programs.	https://www.accreditedschoolsonline.org/	C2E
ACE National Guide to College Credit for Workforce Training	College credit recommendations for formal courses or examinations.	https://www.acenet.edu/national-guide/Pages/default.aspx	MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
Air Force Virtual Education Center (AFVEC) Air Force COOL	Information for Air Force personnel seeking to use educational benefits and online services for funding requests.	https://afvec.us.af.mil/afvec/public/welcome	DOL
Air University Associate-to-Baccalaureate Cooperative (AU-ABC)	Establishes partnerships between Air University and civilian institutions to provide students who have associate degrees from the Community College of the Air Force with on-line bachelor's degree opportunities.	https://go.usa.gov/xshtP	MYE
American Council on Education (ACE) Military Guide	Provides credit recommendations for military training and experience to apply toward a degree.	http://www.acenet.edu/news-room/Pages/Military-Guide-Online.aspx	MYE
ArmyIgnitED	Education portal for soldiers, cadets, and Army civilians to request financial assistance for courses.	https://www.armyignited.army.mil/student/public/welcome	MYE
Cappex	Free scholarship search platform for finding scholarships.	https://www.cappex.com/scholarships	MYE
College Board's Scholarship Search	Free scholarship search platform for finding scholarships, grants, and awards.	https://bigfuture.collegeboard.org/scholarship-search	MYE
College Financing Plan	Information on how to use the College Financing Plan when making financial aid decisions.	https://www2.ed.gov/policy/highered/guid/aid-offer/index.html	MYE
College Navigator	Department of Education website to help students get information on over 7,000 U.S. colleges.	http://nces.ed.gov/collegenavigator/	MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
College Recon	Provides college education benefits for military Service members and veterans.	https://collegerecon.com/	MYE
College Scorecard	Provides key information about institutions of higher education.	https://collegescorecard.ed.gov/	MYE
College-Level Examination Program (CLEP)	Program that allows students to earn college credit or advanced placement by demonstrating mastery of introductory college-level material	https://clep.collegeboard.org/register-for-an-exam/military-how-to-register-under-dantes	MYE
Community College of the Air Force (CCAF)	Federally chartered academic institution that serves enlisted members of the U. S. Air Force.	https://www.airuniversity.af.edu/CCAF/	MYE
Community College of the Air Force	Website to request CCAF transcripts.	https://go.usa.gov/xAqdh/	MYE
Council for Higher Education Accreditation (CHEA) and U.S. Department of Education	Database of accredited institutions of higher education.	https://www.chea.org/search-institutions	MYE
Coursera	Courses, professional certificates, and degrees from world-class universities and companies.	https://www.coursera.org/	C2E
DANTES Subject Standard Tests (DSST)	College subject tests that allow college credit for knowledge acquired outside traditional classrooms.	https://www.dantes.mil/dsst/	MYE
Defense Activity for Non-Traditional Education Support (DANTES)	No-cost education and career-planning programs for U.S. Armed Forces military members.	https://www.dantes.mil/	MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
Department of Education, Federal Aid	Information on federal aid to include the Free Application for Student Aid (FAFSA), loans and grants, loan repayment, and loan forgiveness.	https://studentaid.gov/	MYE
Diploma Mills and Accreditation Information	Information on how to be an informed consumer when choosing a higher education institution.	https://www.ed.gov/laws-and-policy/higher-education-laws-and-policy/college-accreditation/diploma-mills-and	C2E
Edith Nourse Rogers STEM Scholarship	Information on additional benefits for training in high-demand STEM fields.	https://www.va.gov/education/other-v-a-education-benefits/stem-scholarship/	VABAS
Entrance Exam Preparation	Sites that offer preparation for undergraduate and graduate school entrance exams.	SAT: https://collegereadiness.collegeboard.org/sat/practice ACT: www.actstudent.org/testprep GRE: www.ets.org/gre GMAT: www.mba.com LSAT: https://www.lsac.org/lSAT MCAT: https://students-residents.aamc.org DAT: https://www.ada.org/education/testing/exams/dental-admission-test-dat	MYE
Fast Web	Free scholarship search platform that connects students to scholarships and financial aid tools.	https://www.fastweb.com/	MYE
Consumer Financial Protection Bureau	Site to submit a complaint about a financial product or service to include student loans	https://www.consumerfinance.gov/complaint	MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
Federal Student Aid Complaints	Site to submit a complaint about an issue, suspicious activity, or scam or review an already-submitted Federal Student Aid case.	https://studentaid.gov/feedback-center/	MYE
Federal Student Aid's "Avoiding Scams" website	Resources to avoid student aid scams.	https://studentaid.gov/resources/scams	MYE
Financial Aid Fraud	Website to report fraud, scams, and bad business practices.	https://reportfraud.ftc.gov/	MYE
Fraudulent Activity by a College	Site to report fraud, waste, abuse, mismanagement, or violations of laws and regulations involving Department of Education funds or programs.	https://oig.ed.gov/oig-hotline	MYE
Free Application for Federal Student Aid (FAFSA®)	Free application used to determine eligibility for federal student aid and other funds to pay for higher education.	https://studentaid.gov/fafsa	MYE
Future of GI Bill® Series	Guides for choosing your education pathway and understanding your benefits.	Part 1: https://benefits.va.gov/GIBILL/docs/GIBguideseries/ChooseYourEducationPathway.pdf Part 2: https://www.benefits.va.gov/GIBILL/docs/GIBguideseries/ChooseYourEducationBenefits.pdf Part 3: https://benefits.va.gov/GIBILL/docs/gibguideseries/FurtherYourCareer.pdf	VABAS/ MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
Fry Scholarship	Learn about eligibility for education benefits through this scholarship for children and spouses of certain Veterans.	https://www.va.gov/education/survivor-dependent-benefits/fry-scholarship/	VABAS
GI Bill® Benefits	Specific information on using GI Bill® benefits.	https://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/	VABAS/ MYE
GI Bill® Comparison Tool	Key information about college affordability and value.	https://www.va.gov/gi-bill-comparison-tool	VABAS/ MYE
GI Bill® Education and Training	Overview of GI Bill® benefits.	https://www.va.gov/education	VABAS / MYE
GI Bill® Feedback	Site to submit feedback to VA about school or training facilities that receive GI Bill® benefits.	https://www.va.gov/education/submit-school-feedback/introduction	VABAS / MYE
Guard/Reserve Obligations-Mobilization/Activation	Information on readmission requirements for service members.	https://www.govinfo.gov/content/pkg/PLAW-110publ315/pdf/PLAW-110publ315.pdf (Section 20 USC 1091c, pages 214-217)	MYE
Guide to Colleges	General information on choosing and attending a college.	www.careeronestop.org/FindTraining/Types/college.aspx	C2E
Joint Service Transcript (JST)	Request copies of the JST—a document to validate military occupational experience and training and provide the corresponding college credit recommendations.	https://jst.doded.mil/jst/	MOC/MYE
JST Corrections	Request corrections on the JST.	https://jst.doded.mil/correction.html	Missing reference
Know Before You Go Video	Helpful insight on how to use GI Bill® benefits.	https://www.youtube.com/watch?v=Z1ttkv9oRI4	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
Montgomery GI Bill® Active Duty (MGIB-AD)	MGIB-AD information on eligibility, benefits, and how to apply.	https://www.va.gov/education/about-gi-bill-benefits/montgomery-active-duty/	VABAS
Montgomery GI Bill® Selected Reserves (MGIB-SR)	MGIB-SR information on eligibility, benefits, and how to apply.	https://www.va.gov/education/about-gi-bill-benefits/montgomery-selected-reserve/	VABAS
National Security Education Program (NSEP) Grants	Grants for students pursuing higher education in critical languages.	https://www.dlnseo.mil/Programs/National-Security-Education-Program/	MYE
Navy College Program	Information on the Naval Education and Training Professional Development Center.	https://www.navycollege.navy.mil/	MYE
Online Academic Skills Course (OASC)	Aids in preparation for college entrance exams and college-level course work.	https://dantes.petersons.com	MYE
Peterson's Scholarship Search	Free scholarship search platform for finding scholarships, grants, and awards.	https://www.petersons.com/scholarship-search.aspx	MYE
Post-9/11 GI Bill®	Eligibility and benefits information on the Post-9/11 GI Bill®.	https://www.va.gov/education/about-gi-bill-benefits/post-9-11/	VABAS / MYE
Principles of Excellence	Guidelines for educational institutions receiving federal funding.	https://www.va.gov/education/choosing-a-school/principles-of-excellence/	VABAS / MYE
Responsible Borrowing	Video on factors to consider when taking out loans for college.	https://www.youtube.com/watch?v=mTHtn0FRMWw	MYE
Scholarships for Military Children	Information on scholarships for military children.	https://fisherhouse.org/programs/scholarship-programs/	MYE
Scholarships for Military Families	Federal and non-profit college resources for military-affiliated persons.	https://studentaid.gov/understand-aid/types/military	MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
State Aid and Scholarships	Contact information for individual states to research state-sponsored scholarships and grants.	https://www.ed.gov/contact-us/state-contacts	MYE
State/Local Education Benefits for Veterans	Online guide for state veteran education benefits and their dependents.	https://www.military.com/education/money-for-school/state-veteran-benefits.html	MYE
Survivors' and Dependents' Educational Assistance (DEA)	Information on assistance to pay for school or training for eligible survivors and dependents.	https://www.va.gov/education/survivor-dependent-benefits/dependents-education-assistance/	VABAS
Transfer GI Bill® Benefits	Information on transferring unused Post-9/11 GI Bill® benefits to a spouse or dependent children.	https://www.va.gov/education/transfer-post-9-11-gi-bill-benefits/	VABAS
U.S. Department of Education Database of Accredited Postsecondary Institutions and Programs	Information on accreditation for educational institutions.	https://ope.ed.gov/dapip/#/home	MYE
U.S. Department of Education Office of Inspector General Hotline	Hotline to report identity theft related to applying for financial aid.	https://oig.ed.gov/oig-hotline	MYE
U.S. Department of Education's Office for Civil Rights	Information about the rights of students with disabilities and services that may be available.	www.ed.gov/ocr	MYE
Upward Bound Program	Program designed to assist veterans in the development of academic and other skills required for success in postsecondary education.	https://www2.ed.gov/programs/triovub/index.html	MYE
USMC Voluntary Education	Personal and professional learning opportunities for the Marine Corps community.	https://www.usmc-mccs.org/services/education/voluntary-education/	MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
VA Acquisition Academy (VAAA)	Training and development program for veterans with a Service-connected disability to transition into a new career in the federal government.	https://www.acquisitionacademy.va.gov/	VABAS
VA Education Benefits	Information on comparing education benefits and choosing approved schools.	Compare Education Benefits: https://www.va.gov/resources/compare-va-education-benefits/ Choosing a GI Bill Approved School: https://www.va.gov/education/choosing-a-school/	VABAS
VA Education and Training Benefits for Spouses and Dependent Children MLC Course	Course on VA education benefits available to help family members pay for tuition, housing, books, and supplies.	https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
VA Education and Training Regional Processing Offices (RPO)	Find the location of the RPO that handles all GI Bill claims processing for your region.	https://www.benefits.va.gov/gibill/regional_processing.asp	VABAS
VA Education Benefits Application Process	Application process for VA education benefits.	https://www.va.gov/education/apply-for-education-benefits/application/1990/introduction	VABAS
VA Education Benefits MLC Course	Provides information about DOD and VA education benefits to include GI Bill® Post-9/11 benefits.	https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
VA Resident Rate Requirements	Information on requirements for colleges to charge in-state tuition and fees to covered individuals.	http://www.benefits.va.gov/gibill/post911_residentraterequirements.asp	VABAS / MYE
VA Work Study	Part-time work opportunities for eligible student veterans.	https://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/work-study/	VABAS / MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
Veteran Readiness and Employment (VR&E)	Assistance for veterans with Service-connected disabilities to explore employment options and address education and training needs.	https://www.va.gov/careers-employment/vocational-rehabilitation/	VABAS
Veterans Integration to Academic Leadership (VITAL)	Aids with transition by collaborating with the local VA Medical Center, Veterans Benefits Administration, campus faculty and staff, and community resources.	https://www.mentalhealth.va.gov/student-veteran/vital-program.asp	VABAS
Veterans Upward Bound	Pre-college program designed to assist veterans in developing academic and other skills needed to be successful in postsecondary education.	https://www2.ed.gov/programs/triovub/index.html	MYE
VetSuccess on Campus (VSOC)	Supports veterans and Service members who are transitioning from military to college life and certain qualified dependents with rehabilitation counselors.	https://www.va.gov/careers-employment/vetsuccess-on-campus/	VABAS
Web Enabled Approval Management System (WEAMS) Institution Search	Tool to help veterans, Service members, and eligible dependents identify schools and programs that are approved to accept GI Bill® benefits.	https://inquiry.vba.va.gov/weamspub/buildSearchInstitutionCriteria.do	VABAS / MYE
Yellow Ribbon Program (YRP)	Provides funds to cover higher tuition costs for private, foreign, or graduate schools, including fees not covered by the Post-9/11 GI Bill®.	https://www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/	VABAS / MYE

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

EMPLOYMENT

EMPLOYMENT RESOURCES

American Job Centers (AJC)	Department of Labor source for career exploration, training, and jobs with specialized information and resources for military members and veterans.	https://www.careeronestop.org/LocalHelp/AmericanJobCenters/american-job-centers.aspx	DOL
Cyber Career Resources	Information and resources for Veterans interested in pursuing a career in cyber security within the federal government.	https://www.opm.gov/cyber-careers/	VABAS
DOL Wage and Hour Division	Information about employee rights to fair labor standards and respect in the workplace.	https://www.dol.gov/agencies/whd	DOL
DoD SkillBridge	Industry partners with opportunities in a variety of fields offer real-world training and work experience in high-demand fields.	https://skillbridge.osd.mil/	PSC/ VABAS
Employment Resources for Veterans	Learn about employment resources that can help you find a career or get job training as you transition to civilian life.	https://www.va.gov/careers-employment/veteran-resources/	VABAS
Fair Labor Standards Act (FLSA)	Information about the Wages and the Fair Labor Standards Act.	https://www.dol.gov/agencies/whd/flsa	DOL
Family Medical Leave Act (FMLA)	Guide to the Family and Medical Leave Act.	https://www.dol.gov/agencies/whd/fmla	EFCT, WWCEW

RESOURCE	DESCRIPTION	URL	COURSE(S)
Feds Hire Vets	Federal employment information for veterans.	https://www.opm.gov/fedshirevets/	DOLEW
Glassdoor	Reviews of companies from past and present employees.	https://glassdoor.com/index.htm	DOL
Hire Vets	Department of Labor program that recognizes a company or organization's commitment to veteran hiring, retention, and professional development. Lists HIREVets Medallion Award recipients each year.	www.hirevets.gov https://www.hirevets.gov/awardees	EFCT
Indeed	Website of job postings, company reviews, and salary information.	https://www.indeed.com	DOL
On-the-Job Training and Apprenticeships	Learn how to use GI Bill benefits while learning a trade or skill through these programs.	https://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/on-the-job-training-apprenticeships/	VABAS
OPM - Policy, Data, Oversight	Information on pay and leave for federal employees.	https://www.opm.gov/policy-data-oversight/pay-leave/salaries-wages/	DOLEW
OPM Federal Hiring Training Events	List of federal hiring events and trainings.	www.usajobs.gov/notification/events	DOLEW
Transition to Federal Hiring Training Course	Online course for anyone seeking employment with the federal government.	https://TAPevents.mil/courses/139	DOL
U.S. Equal Employment Opportunity Commission (EEOC)	Information on employees' rights and responsibilities.	https://www.eeoc.gov	EFCT, WWCEW
Unemployment Compensation	Information on filing a claim for unemployment compensation.	www.careeronestop.org/veterans/toolkit/find-unemployment-benefits.aspx	DOL

RESOURCE	DESCRIPTION	URL	COURSE(S)
Unemployment Compensation for Ex-servicemembers (UCX)	Explains benefits for eligible ex-military personnel.	https://www.careeronestop.org/LocalHelp/service-locator.aspx Scroll down main page, look under Local Help briefly for link to Unemployment Benefits.	DOL
Uniformed Services Employment and Reemployment Rights Act (USERRA)	Information on USERRA for military members experiencing Service-connected problems with civilian employment.	https://www.dol.gov/agencies/vets/programs/userra www.esgr.mil	EFCT, WWCEW
VA for VETS	Employment assistance for veterans, military spouses, and transitioning Service members seeking jobs at VA and other federal agencies.	https://www.vaforvets.va.gov/	VABAS
VA Technical Career Field (TCF) Program	Provides a two-year training program to pursue a meaningful career in VA.	https://vacareers.va.gov/career-guidance/trainees/#tcf	VABAS
VA's Warrior Training Advancement Course (WARTAC)	SkillBridge opportunity to become a VA Veteran Service Representative (VSR).	https://benefits.va.gov/transition/WARTAC.asp	VABAS
Veteran and Military Transition Center	One-stop website for employment, training, and financial help after military Service.	www.careeronestop.org/veterans	EFCT, WWCEW
Veterans Employment Program Office (VEPO)	Promotes veterans' recruitment, employment, training and development, and retention for federal agencies.	https://www.opm.gov/fedshirevets/veteran-job-seekers/vets-agency-directory/	DOLEW
Troops for Teachers	Helps service members and veterans become certified and employed as teachers in K-12 schools.	https://www.dantes.mil/ttt	C2E

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

INTERNSHIPS

Apprenticeship USA	Servicemembers and Veterans can find apprenticeship opportunities.	https://www.apprenticeship.gov	VABAS
DOD Civilian Careers Internship Programs	Veterans who recently graduated can find internship opportunities within the DoD.	https://www.dodciviliancareers.com/civiliancareers/internships	VABAS
DOD Operation Warfighter	This program matches qualified wounded, ill, and injured service members with non-funded federal internships during their recovery and rehabilitation.	https://warriorcare.dodlive.mil/Care-Coordination/Operation-Warfighter/	VABAS
OPM Students & Recent Graduates	Current students can find information on the different internship programs available.	https://www.opm.gov/	VABAS
Presidential Management Fellows (PMF)	Program for individuals who have received a qualifying advanced degree within the preceding two years.	www.pmf.gov/	DOLEW
USAJOBS Pathways	Federal government internships.	https://help.usajobs.gov/working-in-government/unique-hiring-paths/students	DOL
Veteran Readiness & Employment (VR&E) Non-Paid Work Experience Training (NPWE)	Provides eligible Veterans with training and practical job experience while receiving a monthly subsistence allowance from the VR&E program.	https://www.vaforvets.va.gov/vaforvets/veteran-resources/docs/Non-paidWorkExperience.pdf	VABAS

JOB BOARDS / JOB SEARCH ENGINES

CareerOneStop	DOL resource for career exploration, training, and jobs.	www.careeronestop.org/JobSearch/job-search.aspx	DOL
---------------	--	--	-----

RESOURCE	DESCRIPTION	URL	COURSE(S)
ClearanceJobs®	Job board for professionals with federal government security clearances. <i>NOTE: Free membership required to join.</i>	https://www.clearancejobs.com/	EFCT, WWCEW
CrunchBoard/TechCrunch	Job board for jobs in the tech industry.	https://www.crunchboard.com/	EFCT, WWCEW
Dice®	Job board for information technology and engineering professionals and contract and permanent engineering staffing firms.	https://www.dice.com/	EFCT, WWCEW
Flex Jobs	Site to find vetted remote, work from home, and flexible job opportunities. <i>NOTE: Requires paid membership account to access full listing and apply for jobs.</i>	https://www.flexjobs.com/	EFCT
Health eCareers	Job board and career resources for healthcare providers. <i>NOTE: Fees associated with Premium Service subscription.</i>	https://www.healthcareers.com/	EFCT
Military.com	Veteran job board to find jobs with military-friendly companies, build and post a civilian resume, and network with veterans.	https://www.military.com/veteran-jobs	EFCT, WWCEW
MilitaryHire	Job board to register, upload a resume, and search/apply for jobs.	https://www.militaryhire.com/	EFCT, WWCEW
National Labor Exchange (NLx)	Database of job openings in public, private, and nonprofit organizations.	https://usnlx.com/	DOL

RESOURCE	DESCRIPTION	URL	COURSE(S)
National Labor Exchange (NLx) – Virtual	Search remote & virtual employment by job title or keywords and city, state, or country. <i>NOTE: Free for job seekers.</i>	https://virtualjobs.usnlx.com/	DOL
Navy Morale, Welfare, and Recreation (MWR) Jobs	Job listings for positions in Navy Morale, Welfare and Recreation (MWR) centers.	https://www.navymwr.org/careers	DOL
U.S. Department of Labor Veteran's Portal	Veterans' Employment and Training Service job board. Select the <i>Find a Job</i> link to find jobs.	https://www.dol.gov/agencies/vets	DOL
USA Jobs	Federal government's official employment site.	www.usajobs.gov	DOL/ VABAS
VA Careers	Job board for careers in VA's health care system and support services.	https://vacareers.va.gov/	VABAS
Virtual Job Search	National Labor Exchange job board offering remote and virtual employment.	https://virtualjobs.usnlx.com/	EFCT, WWCEW
VirtForce	Remote jobs for the military community. <i>NOTE: Must create an account. Free for job seekers.</i>	https://virtforce.us/	EFCT, WWCEW
ZipRecruiter®	Job search site for a wide variety of careers.	https://www.ziprecruiter.com/	EFCT, WWCEW

JOB FAIRS / HIRING EVENTS

U.S Chamber of Commerce Foundation - Hiring Our Heroes	Job board, hiring event calendar, fellowship programs, education, and networking for military-affiliated persons.	https://www.hiringourheroes.org	EFCT, WWCEW
--	---	---	-------------

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

LABOR MARKET INFORMATION

Bureau of Labor Statistics	Site for comprehensive and up-to-date Labor Market Information.	www.bls.gov/	DOL
CareerOneStop	Serves job seekers, businesses, students, and career advisors with a variety of online tools, information, and resources.	https://www.careeronestop.org/	DOL
National Labor Exchange (NLx)	Database of job openings in public, private, and nonprofit sector organizations. Results can be filtered to display HIRE Vets Medallion winner employers.	https://usnlx.com/	DOL
O*NET	Tool for career exploration and job analysis; includes detailed descriptions of the world of work.	O*NET Online https://www.onetonline.org/	C2E

MILITARY-TO-CIVILIAN TERMINOLOGY TRANSLATION

CareerOneStop	Translation of military terms.	https://www.careeronestop.org/Veterans/JobSearch/ResumesAndApplications/translating-military-terms.aspx	EFCT, WWCEW
Indeed.com	Military-to-civilian title translations.	https://www.indeed.com/career-advice/resumes-cover-letters/military-to-civilian-job-title-translations	EFCT, WWCEW
Military.com	Military to civilian resume translation.	https://www.military.com/veteran-jobs/skills-translator	EFCT, WWCEW

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

OVERSEAS EMPLOYMENT

IMPORTANT: There are many legal, tax, and security-related issues to address when considering working outside of the United States. The resources provided here, while potentially useful and valuable, should not be considered definitive in all cases. It is recommended that you carefully consider each resource and consult with the appropriate U.S. and International authorities.

Department of Labor – Government of Guam	Guam’s central facility for employment, training, and related services.	https://dol.guam.gov/	DOL
EasyExpat.com	Information for expatriates—guides with information on international removal, visa, passport, jobs, insurance for expatriates, and schools.	https://www.easyexpat.com/en/index.htm	DOL
Expat Exchange	Reports about international experiences on topics such as moving, living, healthcare, retiring, culture shock, working, and more.	https://www.expatexchange.com/	DOL
Monster.com	Search and apply for jobs around the world.	https://www.monster.com/	DOL
MyArmyBenefits	Policy and procedures for soldiers completing a Permanent Change of Station (PCS) OCONUS.	https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Permanent-Change-of-Station-(PCS)-OCONUS?serv=126	DOL
U.S. Department of State	Planning information for those retiring abroad.	https://state.gov https://travel.state.gov/content/travel/en/international-travel/while-abroad/retirement-abroad.html	DOL

RESUME SCANNERS

NOTE: The below websites are commercial products that may market additional enhancements at a cost.

JobScan	Optimizes resumes for any job, highlighting the key experience and skills recruiters want to see.	https://www.jobscan.co/	DOLEW, C2E
---------	---	---	------------

RESOURCE	DESCRIPTION	URL	COURSE(S)
ResyMatch	Optimizes resumes with keywords, formatting, and best practices.	http://resymatch.io/ or https://cultivatedculture.com/resume-scanner/	DOLEW, C2E
SkillsSyncer	Resume keyword scanner and job application tracker that identifies skills and keywords missing from resumes. <i>Note: Monthly fee; offers 1 year of free use to military members, veterans, and their spouses.</i>	https://skillsyncer.com/	DOLEW, C2E
Resume Worded	AI-powered platform gives you tailored feedback on your resume and LinkedIn profile.	www.ResumeWorded.com	EFCT

SALARY RESEARCH

Glassdoor	Salary calculator that uses real salaries from others in a specific position to calculate what your salary could be in that position.	https://www.glassdoor.com/Salaries/know-your-worth.htm	DOLEW
Salary Expert	Determine salary worth, research salaries, compare cost of living between two places, and see who is hiring.	https://www.salaryexpert.com/	DOLEW
Salary.com	Determine a salary estimate based on job title and location.	https://www.salary.com/	DOLEW
SmartAsset	Paycheck calculator that calculates take home pay per paycheck for both salary and hourly jobs after considering federal, state, and local taxes.	https://smartasset.com/taxes/paycheck-calculator	DOLEW/FP

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

ENTREPRENEURSHIP

DoD Procurement Technical Assistance Center Program (PTACs)	Advising program designed to help businesses succeed in public sector marketplaces.	https://www.aptac-us.org	SBA
Census Business Builder (CBB)	Suite of services that provide selected demographic and economic data from the U.S. Census Bureau.	https://www.census.gov/data/data-tools/cbb.html	SBA
DoD APEX Accelerators Program (formerly PTAC)	Focus on building the U.S. supply chain by assisting businesses that contract with DoD, federal agencies, state and local governments, and government prime contractors.	https://www.apexaccelerators.us/	SBA
Farming and Ranching	Programs and assistance for beginning farmers and ranchers.	https://www.farmers.gov/your-business/beginning-farmers	SBA
IRS	Guidance on self-employment, Social Security, and Medicare taxes.	https://www.irs.gov/businesses/small-businesses-self-employed/self-employment-tax-social-security-and-medicare-taxes	SBA
SBA Local Assistance Locator	Guide to locate local, free or low-cost SBA counseling and training.	https://www.sba.gov/local-assistance	SBA
SBA Mentor-Protégé Program	Program to help eligible small businesses gain capacity and win government contracts through partnerships with more experienced companies.	https://www.sba.gov/federal-contracting/contracting-assistance-programs/sba-mentor-protege-program	SBA

RESOURCE	DESCRIPTION	URL	COURSE(S)
SBA Office Of Veterans Business Development (OVBD)	Provides information on small business administration programs for Veterans, Service-Disabled Veterans, Reserve Component Members, and their Dependents or Survivors.	https://www.sba.gov/ovbd	SBA
SCORE	Network of volunteer business mentors share real-world knowledge.	https://www.score.org/	SBA
Small Business Administration Veteran	Veterans Business Outreach Center	Veterans Business Outreach Center (VBOC) www.sba.gov/vboc	SBA
Small Business Development Centers (SBDC)	Free or low-cost one-on-one counseling and training on topics like marketing, regulatory compliance, technology development, and international trade.	https://americassbdc.org/	SBA
System for Award Management (SAM)	Website to register to do business with the U.S. Government; update, renew, or check status of entity registration; and access publicly available award data.	https://www.sam.gov	SBA
VA Small and Veterans Business Program	Information on the federal program that ensures contract awards to businesses are distributed fairly.	https://www.va.gov/osdbu/	VABAS / SBA
Veteran Small Business Certification	Link for veteran-owned small businesses to be certified by SBA to compete for federal contracts.	https://veterans.certify.sba.gov/	SBA

RESOURCE	DESCRIPTION	URL	COURSE(S)
Veterans Business Outreach Center (VBOC)	Entrepreneurial development services.	www.sba.gov/vboc	SBA
Women Veteran-Owned Small Business Initiative (WVOSBI)	Program to promote economic opportunities for women veteran entrepreneurs.	https://www.va.gov/osdbu/	VABAS
Women's Business Centers (WBC)	Training, mentoring, business development, and financing opportunities for women-owned businesses.	https://awbc.org/wbc-locator/	SBA

FAMILY & CAREGIVER SUPPORT

Air Force: Military and Family Readiness Centers	TAP resources for Air Force personnel.	https://www.afpc.af.mil/Military-and-Family/Transition-Assistance-Program/	DOD
Army Community Service	Army educational opportunities, special events, individualized counseling services, and other offerings focused on community readiness and resiliency.	https://www.armymwr.com/programs-and-services/personal-assistance	DOD
Burial and Memorial Services	Benefits to help Service members, veterans, and their family members plan and pay for a burial or memorial service in a VA national cemetery.	https://www.va.gov/burials-memorials/	VABAS
Coast Guard: Office of Work-Life Programs	Programs and services that support the well-being of USCG active duty, reserve, civilian employees, and family members.	www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Health-Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG-111/	PSC/MYT

RESOURCE	DESCRIPTION	URL	COURSE(S)
DOD Caregiver Support Resource Directory	Access the current handbook that provides a comprehensive resource directory (CRD) for military caregivers and their families.	https://www.nrd.gov/misc/crdDownload	VABAS
Fisher House Program	Homes for families and caregivers to use while their veterans and active-duty Service members receive treatment.	https://www.socialwork.va.gov/fisher.asp	DOD/ VABAS
Marine Corps Community Services	List of Marine community services by installation.	https://www.usmc-mccs.org/services/career/transition-readiness/	PSC/MYT
Marine for Life Network	Offerings of the Marine for Life Network by installation.	https://www.usmc-mccs.org/services/career/marine-for-life-network/	PSC/MYT
Memorial Items	Information regarding memorial items available when planning a burial for a Veteran to honor their military service.	https://www.va.gov/burials-memorials/memorial-items/	VABAS
Military Caregiver Leave for a veteran under the Family and Medical Leave Act (FMLA)	White papers explaining aspects of FMLA, including military caregiver leave.	https://www.dol.gov/sites/dolgov/files/WHD/legacy/files/whdfs28mb.pdf (See 28A-Q)	EFCT, WWCEW
Navy: Fleet and Family Support Centers (FFSCs)	Locations and features of Navy's FFSCs.	https://ffr.cnmc.navy.mil/Family-Readiness/Fleet-And-Family-Support-Program/FFSC-Directory/	PSC/MYT
Pre-Need Program	Find out in advance if Veterans and eligible family members can be buried in a VA national cemetery.	https://www.va.gov/burials-memorials/pre-need-eligibility/	VABAS
Program of Comprehensive Assistance for Family Caregivers (PCAFC)	Offers enhanced clinical support for Family Caregivers of eligible Veterans.	https://www.va.gov/family-member-benefits/comprehensive-assistance-for-family-caregivers/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
Social Work Services	Provides comprehensive services, including crisis management, mental health treatment, and housing support, and provide referrals as needed to assist veterans.	https://www.socialwork.va.gov/	VABAS
VA Caregiver Support Program (CSP)	Clinical services for caregivers of eligible and covered veterans enrolled in the VA health care system.	CSP: https://www.caregiver.va.gov/	VABAS
VA Family Member Benefits	Benefits available for eligible spouses, dependents, survivors, and family caregivers.	https://www.va.gov/family-member-benefits/	VABAS
Veteran Canteen Services (VCS)	Provides Veterans enrolled in VA's health care, their families, caregivers and VA employees reasonably priced merchandise and services essential for their comfort and well-being.	https://www.vacanteen.va.gov/VACANTEEN/index.asp	VABAS
Veterans Legacy Memorial	Website that provides family and friends interactive access to view and submit information to honor their Veteran's memory.	https://www.vlm.cem.va.gov/	VABAS
Veterans Legacy Program	Program to memorialize Veterans by sharing their stories to educate students.	https://cem.va.gov/legacy/	VABAS
Warrior Care and the Military Caregiver Support program	Resources and information for military caregivers who assist wounded, ill and/or injured Service members.	https://warriorcare.dodlive.mil/Caregiver-Resources/	DOD

RESOURCE	DESCRIPTION	URL	COURSE(S)
Wounded Warrior and Caregiver Employment Workshop	Blended learning delivery of the Employment Fundamentals of Career Transitions (EFCT) with instructor-led virtual sessions designed for transitioning Service members who may be wounded, ill and/or injured.	https://tapevents.mil/courses/292 https://www.dol.gov/agencies/vets/programs/tap/wounded-warrior-caregiver	DOL
Elizabeth Dole Foundation	Provides access to essential resources, support networks, and advocacy for policy change that benefits military and veteran caregivers.	https://www.elizabethdolefoundation.org/ https://hiddenheroes.org/resources-online-education/respite/	WWCEW
Military Spouse & Caregiver Fellowship Program (MSFP)	Professional development and direct connection to local employers offered through the program enable military spouses to quickly build their networks and gain localized job experience.	https://www.hiringourheroes.org/career-services/fellowships/internships/msfp/	WWCEW
Hiring Our Heroes (HOH) Caregiver Fellowships	Internship program offering professional development and direct connection to local employers offered through the program enabling military spouses to quickly build their networks and gain localized job experience.	https://www.hiringourheroes.org/career-services/fellowships/internships/caregivers/	WWCEW
American Red Cross Military and Veteran Caregiver Network (MVCN)	Offers peer-based support and services to reduce isolation and increase connection, engagement, knowledge, skills and hope.	https://www.redcross.org/get-help/military-families/services-for-veterans/military-veteran-caregiver-network.html	WWCEW

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

MILITARY SPOUSE EMPLOYMENT

DoD Spouse Education & Career Opportunities (SECO) Program	Career counseling for military spouses.	https://myseco.militaryonesource.mil/portal/contact-us	DOD
Military Spouse Interstate License Recognition Options	Specific laws and resources your new state offers to military spouses who work in licensed occupations.	https://www.dol.gov/agencies/vets/veterans/military-spouses/license-recognition	DOL
Military Spouse Transition Program (MySTeP)	Online education and information for spouses throughout their Service members' careers.	https://myseco.militaryonesource.mil/portal/mystep	DOD
Transition Employment Assistance for Military Spouses (TEAMS)	Employment courses for military spouses.	https://www.dol.gov/agencies/vets/programs/tap/team-s-workshops	DOL
U.S. Department of Labor	Employment resources for military spouses.	https://www.dol.gov/agencies/vets/veterans/military-spouses/employment	C2E
U.S. DOL Military Spouse	Resources for military spouses including license recognition, employment, training and support, civilian life, and community.	https://www.dol.gov/agencies/vets/veterans/military-spouses	C2E

FEDERAL, STATE, & LOCAL RESOURCE LOCATORS

Center for a New American Security-State Veteran Benefit Finder	Resources to find veteran's benefits by state.	https://www.cnas.org/publications/reports/state-veteran-benefit-finder	DoD
Center for Minority Veterans (CMV)	Facilitates VA's delivery of services to diverse Veterans worldwide.	https://www.va.gov/centerforminorityveterans/about/index.asp	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
Center for Women Veterans (CWV)	Learn about access to VA benefits, services, and opportunities for women Veterans.	https://www.va.gov/womenvet/	VABAS
Coast Guard Support	Offers individualized consultations, coaching, and non-medical counseling for Coast Guard members and their families.	https://www.cgsuprt.com/	VABAS
Military OneSource	Offers a wide range of individualized consultations, coaching, and non-medical counseling for many aspects of military life. Help is available 24/7.	www.militaryonesource.mil	VABAS
Military Service Records	Resources to access, correct, or request a discharge upgrade to military service records.	Download a Copy of Your DD214: https://myaccess.dmdc.osd.mil/identitymanagement/app/login Apply for a Discharge Upgrade: https://www.va.gov/discharge-upgrade-instructions	VABAS
Military/Veteran Service Organization (MSO/VSO)	Search tool for local accredited MSO/VSOs to assist with applying for VA benefits.	https://www.va.gov/ogc/apps/accreditation/index.asp	VABAS
My VA	Main VA website is the launching point to access everything VA.	https://www.va.gov/	VABAS
National Guard	Information about the Army National Guard history and resources and benefits for members.	https://www.nationalguard.com/	VABAS
National Guard and Reserve	Information regarding VA benefits eligibility for Reserve Component members.	https://benefits.va.gov/guardreserve/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
National Resource Directory	Comprehensive list of vetted federal, state, and local resources.	https://nrd.gov	ALL
State VA Benefits	Information on state VA benefits.	State VA Office Locations: https://department.va.gov/about/state-departments-of-veterans-affairs-office-locations/	VABAS
USDA Programs	Provides nutrition assistance programs for military and veteran families.	https://www.fns.usda.gov/programs	FP/VABAS
VA Accredited Representatives	Information about VA accredited representatives who assist Service members with applying for VA benefits.	https://benefits.va.gov/vso/index.asp	VABAS
VA Benefits 101 MLC Course	This course highlights VA benefits and services to include education, home loan guaranty, health care, and insurance and memorial benefits.	https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
VA Facility Locator	Search tool to find local VA facilities.	https://www.va.gov/find-locations	VABAS
VA's Health Care for Re-entry Veterans (HCRV) Services and Resources	Learn about VA's program to promote success and prevent Veteran homelessness after release from incarceration.	https://www.va.gov/homeless/reentry.asp	VABAS
VA's Nutrition and Food Services (NFS)	Nutritional services and resources to apply for food assistance benefits.	https://www.nutrition.va.gov/index.asp	VABAS
VA Records	Provides information and resources for Veterans and their families to access and manage their VA records and other important documents.	https://www.va.gov/records/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
VA Regional Offices	VA's Nutrition and Food Services (NFS) Regional offices provide in-person services for Veterans and their families for all benefits matters.	https://www.benefits.va.gov/benefits/offices.asp	VABAS
VA Vet Centers	Community counseling services offered to eligible Veterans, Service members, and their families.	www.vetcenter.va.gov	VABAS
VA Welcome Kit	This guide aids Veterans and Transitioning Service members to benefits they've earned.	https://www.va.gov/welcome-kit/	VABAS
Vet Centers MLC Course	Learn how Service members, Veterans, and their loved ones can connect with local Vet Centers as a free resource.	https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
Veteran Community Partnerships	Connects local VA facilities with state and community services to facilitate access to resources for Veterans, families and their caregivers.	https://www.va.gov/healthpartnerships/vcp.asp	VABAS
Veterans Justice Outreach Program	Outreach partnership between VA key elements of the criminal justice system to facilitate access to VA services for justice-involved Veterans.	https://www.va.gov/homeless/vjo.asp	VABAS
Veterans of Foreign Wars (VFW)	Serves Veterans and military communities by advocating on behalf of all Veterans and assisting with applying for VA benefits.	https://vfw.org/	VABAS
Veteran Service Organizations (VSO) Search	Search tool for local accredited VSOs to help you with applying for VA benefits.	https://www.va.gov/ogc/apps/accreditation/index.asp	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
VHA Food Security Office	Supports Veteran food security by providing resources to VA healthcare systems.	https://www.nutrition.va.gov/Food_Insecurity.asp	VABAS
Vietnam Veterans of America (VVA)	Promotes and supports all issues important for Vietnam Veterans. Assists Veterans and their families with applying for VA benefits.	https://vva.org/	VABAS

FINANCE – PERSONAL & FAMILY

Annual Credit Report	Offers a free annual credit report.	www.annualcreditreport.com	FP
Blended Retirement System	Information on the Blended Retirement System.	https://militarypay.defense.gov/	FP
CFPB Paying for College	Information on paying for college.	http://www.consumerfinance.gov/paying-for-college	FP
Combat Related Special Compensation (CRSC)	This program is a tax-free entitlement for military retirees with combat-related disabilities.	https://www.dfas.mil/RetiredMilitary/disability/crsc/	VABAS
Concurrent Retirement and Disability Pay (CRDP)	Information for military retirees eligible to receive both military retirement pay and VA disability compensation.	https://www.dfas.mil/RetiredMilitary/disability/crdp/	VABAS
Consumer Financial Protection Bureau (CFPB)	Consumer information.	https://www.consumerfinance.gov/	FP/VABAS
Consumer Financial Protection Bureau (CFPB)	Consumer information.	https://www.consumerfinance.gov/	FP/VABAS
Consumer Financial Protection Bureau (CFPB) Complaint	Site to submit a complaint on products and services.	https://www.consumerfinance.gov/complaint/	FP

RESOURCE	DESCRIPTION	URL	COURSE(S)
Consumer Financial Protection Bureau (CFPB) Debt Collection	Downloadable PDF on Service member rights related to debt collection.	https://files.consumerfinance.gov/f/CFPB-Servicemembers-Know-Your-Rights-Handout-Debt-Collection.pdf	FP
Cost of Living information	Tools to estimate cost of living by location.	http://www.bestplaces.net/cost-of-living	FP
Dependency and Indemnity Compensation (DIC)	Tax-free monetary benefit for eligible survivors of Service members who died in the line of duty.	DIC: https://www.va.gov/disability/dependency-indemnity-compensation/	VABAS
Defense Financial Accounting Service (DFAS)	Information on final military pay and debt.	http://www.dfas.mil/militaryseparations.html	FP
DFAS – Customer Support	DFAS Customer Support.	https://www.dfas.mil/dfas/AskDFAS/	FP
Equifax	Site to submit credit disputes with Equifax.	https://www.equifax.com/personal/credit-report-services/credit-dispute/	FP
Estimate pre-tax retirement pay	Site to estimate retirement pay.	http://militarypay.defense.gov/Calculators/High-3-Calculator/	FP
Experian	Site to submit credit disputes with Experian.	https://www.experian.com/disputes/main.html	FP
Fair Isaac Corporation (FICO).	Credit score information.	http://myfico.com	FP
Federal Trade Commission	Information on the Federal Trade Commission.	https://www.ftc.gov/about-ftc	FP
Federal Trade Commission – Credit Monitoring	Used for electronic credit monitoring.	https://consumer.ftc.gov/consumer-alerts/2019/10/free-electronic-credit-monitoring-coming-soon-military	FP
Federal Trade Commission (FTC)	Consumer information and links for reporting fraud/identity theft and obtaining credit reports.	www.consumer.ftc.gov	FP
FTC Debt	Debt relief information.	https://consumer.ftc.gov/articles/how-get-out-debt	FP

RESOURCE	DESCRIPTION	URL	COURSE(S)
Military Compensation – Reserve Retirement Pay	Reserve retirement pay information	http://militarypay.defense.gov/Pay/Retirement/Reserve.aspx	FP
Military Compensation – Retirement Pay	Military retirement pay information.	http://militarypay.defense.gov/Pay/Retirement/	FP
Military Consumer	Federal Trade Commission website with resources to use as a defense against fraud and to make better-informed decisions when managing money.	https://www.militaryconsumer.gov/	FP
Military Protections and Tax Benefits (MLA and SCRA)	Information on Military Lending Act (MLA) and Servicemembers Civil Relief Act (SCRA).	https://www.consumerfinance.gov/practitioner-resources/servicemembers/	FP
MilSpouse Money Mission	Financial education resources.	https://www.milspousemoneymission.org/	FP
myPay	Home page for the online system operated by DFAS for military members, retirees, and DoD civilian employees to access pay information and make changes.	https://mypay.dfas.mil/mypay.aspx	FP
Regular Military Compensation (RMC) Calculator	Calculator to determine the approximate civilian equivalent based on your current salary in the military.	http://militarypay.defense.gov/Calculators/RMC-Calculator/	FP
Retiree Pay Gap	Retiree pay gap information.	militarypay.defense.gov	FP
SmartAsset	Estimates taxes for salary and retirement pay in a specific location.	https://smartasset.com/taxes/income-taxes	FP
SmartAsset Retirement	Determines taxes for retirement pay.	https://smartasset.com/retirement/retirement-taxes	FP
Survivor Benefit Plan (SPB)	Information on SBP.	https://militarypay.defense.gov/Benefits/Survivor-Benefit-Program/	FP
Thrift Saving Plan (TSP)	TSP website home page	https://www.tsp.gov/	FP

RESOURCE	DESCRIPTION	URL	COURSE(S)
Thrift Saving Plan (TSP) - Contributions	Information on TSP contributions.	https://www.tsp.gov/making-contributions/contribution-limits/	FP
Thrift Saving Plan (TSP) – Online Courses	Web links for TSP online learning courses.	https://www.tsp.gov/online-learning/	FP
Thrift Savings Plan (TSP)	Information on TSP for individuals leaving government service.	https://www.tsp.gov/changes-in-your-career/leaving-the-federal-government/	FP
TransUnion	Site to submit credit disputes with TransUnion.	https://www.transunion.com/credit-disputes/dispute-your-credit	FP
U.S. Coast Guard Pay & Personnel Center (PPCs)	Information on and access to USCG Retiree & Annuitant Services (RAS).	https://www.dcms.uscg.mil/ppc/ras/	FP
VA Survivors Pension	Monthly payment for qualified spouses and unmarried dependent children of wartime Veterans who meet eligibility criteria.	https://www.va.gov/pension/survivors-pension/	VABAS
VA Veterans Pension	Monthly payment for wartime Veterans who meet certain age or disability requirements and meet income and net worth limits.	https://www.va.gov/pension/how-to-apply/	VABAS
Veterans Benefits Banking Program (VBBP)	Banking options for veterans and beneficiaries to receive VA benefits at participating banks and credit unions.	https://www.benefits.va.gov/benefits/banking.asp	VABAS
Veteran Saves	Information and resources to help veterans and their families build financial stability and security through financial coaching and tools.	https://americasaves.org/veteran-saves/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

HEALTHCARE

Access Personal Medical Records	Information on and links to access military health records.	https://www.tricare.mil/records	FP
Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA)	Health care services for eligible family members of veterans.	https://www.va.gov/health-care/family-caregiver-benefits/champva/	VABAS
Continued Health Care Benefits Program (CHCBP)	Information on Continued Health Care Benefits Program (CHCBP).	https://www.humanamilitary.com/chcbp	FP
COVID-19	Learn how VA is providing support and care related to COVID-19.	https://www.publichealth.va.gov/n-coronavirus/	VABAS
DoD InTransition	Information on receiving behavioral health continuity of care for Service members and veterans as they move between health care systems and/or providers during transition.	https://www.health.mil/Military-Health-Topics/Centers-of-Excellence/Psychological-Health-Center-of-Excellence/inTransition	FP/ VABAS
Exposure to Hazardous Materials	Provides information about the health concerns and disability benefits related to exposure to chemical or hazardous materials during military service.	https://www.va.gov/health-care/health-needs-conditions/chemical-hazardous-materials-exposure/	VABAS
Foreign Medical Program (FMP)	Learn about VA medical services for eligible Veterans living or traveling abroad.	https://www.va.gov/communitycare/programs/veterans/fmp/	VABAS
Healthcare Marketplace	Healthcare plan options and price information.	https://www.healthcare.gov/see-plans/	FP

RESOURCE	DESCRIPTION	URL	COURSE(S)
Healthcare Options	Information on and access to the Health Insurance Marketplace and veteran insurance plans that meet coverage requirements.	www.healthcare.gov/Veterans	FP
Medical History Form 2807	Site to access and download DD Form 2807.	https://dcp.psc.gov/ccmis/forms/FORMS_medical_m.aspx	FP
My HealtheVet	VA's secure online patient portal to manage health care and connect with health care team members.	https://www.myhealth.va.gov/mhv-portal-web/home	VABAS
Patient Advocate	VA's program provides support to Veterans and their families who receive care at VA health care facilities to address their concerns.	https://www.va.gov/health/patientadvocate/	VABAS
Post-9/11 Transition Case Management Program (M2VA)	Program to assist transitioning Service members with navigating the VA health care system and achieving health and wellness goals.	https://www.va.gov/POST911VETERANS/index.asp	VABAS
State/Local Healthcare Services	Site to search state and local healthcare resources.	www.statelocalgov.net https://localhelp.healthcare.gov/#	FP
The PACT Act and Your VA Benefits	Learn about the law that expands VA health care and benefits for Veterans exposed to toxic substances.	https://www.va.gov/resources/the-pact-act-and-your-va-benefits/	VABAS
Transition Assistance Management Program (TAMP)	Information on TAMP.	https://www.tricare.mil/TAMP	FP
TRICARE	TRICARE website home page.	www.tricare.mil	FP/ VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
TRICARE Plans	Information on the various TRICARE plans.	https://tricare.mil/Plans/PlanFinder	FP
TRICARE Reserve	Information on TRICARE for National Guard/Reserve Members and Families.	http://www.tricare.mil/reserve/	FP
U.S. Department of Health & Human Services (HHS)	Information on the Health Insurance Portability and Accountability Act (HIPAA).	https://www.hhs.gov/hipaa/for-individuals/index.html	VABAS
VA Community Care	Provides care to veterans through community providers when VA cannot provide the care needed.	https://www.va.gov/communitycare/	VABAS
VA Dental Care	VA dental care benefits, eligibility criteria, application process, and alternate options.	https://www.va.gov/health-care/about-va-health-benefits/dental-care/	VABAS
VA Eligibility for Reserve Components	Health care eligibility criteria for current or former members of the Reserves or National Guard	https://www.va.gov/health-care/eligibility/	VABAS
VA Healthcare	Explains the benefit, care, and services covered by VA plus eligibility and the application process.	https://www.va.gov/health-care/	VABAS
VA Health care for spouses: dependents and family caregivers	Information on qualifying and applying for health care benefits available for eligible spouses, surviving spouse, dependent child, or caregiver.	http://www.va.gov/health-care/family-caregiver-benefits	VABAS
VA Liaisons for Healthcare	Assists transitioning Service members with enrolling in VA health care and coordinating continuity of medical care.	https://www.va.gov/POST911VETERANS/VA_Liaison_Program.asp	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
VA Medical Treatment Facilities	Interactive map that shows locations of all VA medical facilities that provide medical care for veterans.	https://www.myhealth.va.gov/mhv-portal-web/treatment-facilities	VABAS
VA MISSION Act	Provides expanded access to health care outside of VA facilities through community partners.	https://www.accesstocare.va.gov/Healthcare/MissionActQualityStandards/	VABAS
VA Primary Care and Patient Aligned Care Team	Learn about the health care team assigned to Veterans enrolled in VA health care to provide the best quality care.	https://www.va.gov/health-care/about-va-health-benefits/your-care-team/	VABAS
VA Priority Groups	System used to ensure Veterans in need of care get signed up quickly. It allows VA to provide high quality care for all Veterans enrolled in VA health care.	https://www.va.gov/health-care/eligibility/priority-groups/	VABAS
VA Substance Abuse Programs	Assistance for individuals struggling with addiction.	https://www.myhealth.va.gov/mhv-portal-web/substance-abuse-screening	VABAS
VA Women's Healthcare	Ways to access women's health services such as primary and specialty care.	https://www.va.gov/health-care/health-needs-conditions/womens-health-needs/	VABAS
Veterans Health Information Exchange (VHIE)	Information on tools used by health care providers to safely access information and coordinate care.	https://www.va.gov/vhie/	VABAS
Veterans Health Library	Online resource that provides veteran-focused health information, resources, and tools.	https://www.veteranshealthlibrary.va.gov/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
Whole Health	Resources and information regarding VA's whole health approach that focuses on Veterans' health and well-being.	https://www.va.gov/wholehealth/	VABAS

HOUSING

Community Resources and Referral Centers (CRRCs)	Provides homeless and at risk of homelessness Veterans with one-stop access to community-based, multiagency services to promote permanent housing, health.	https://www.va.gov/HOMELESS/Crrc.asp	VABAS
Home Improvement and Structural Alterations (HISA)	Information on the process for improvements and structural alterations deemed medically necessary for Veterans and Service members residence.	https://www.prosthetics.va.gov/psas/HISA2.asp	VABAS
U.S. Department of Health and Human Services (HHS) Homelessness Resources	Inter-agency federal response to homelessness.	https://www.hhs.gov/programs/social-services/homelessness/index.html	VABAS
VA Disability Housing Grants	Grant opportunities for veterans and Service members with Service-connected disabilities to buy or adapt a home to meet their needs.	https://www.va.gov/housing-assistance/disability-housing-grants/	VABAS
VA Home Loan Guaranty Program	Assistance to help veterans, Service members, and their surviving spouses buy a home or refinance a loan.	https://www.va.gov/housing-assistance/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
VA Home Loan Guaranty Program MLC Course	Learn about the VA Home Loan Guaranty Program including eligibility, processes, costs, and other available resources.	https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
VA Home Loan Program for Surviving Spouses	Information on how surviving spouses of deceased Veterans or service members may be eligible for a VA-backed home loan.	https://www.va.gov/housing-assistance/home-loans/surviving-spouse	VABAS
VA Homeless Programs	Support for veterans who are homeless or at imminent risk of homelessness.	https://www.va.gov/homeless/	VABAS
VA-backed Veterans Home Loans	VA home loan programs to help buy, build, or improve a home or refinance home loan.	https://www.va.gov/housing-assistance/home-loans/	VABAS

LIFE INSURANCE

Family Servicemembers' Group Life Insurance (FSGLI)	Information on life insurance coverage for spouse and dependents of servicemembers. Note: <i>Premium payment required.</i>	http://www.va.gov/life-insurance/options-eligibility/fsgli	VABAS
Qualifying Life Event	Information on Qualifying Life Events (QLEs).	https://www.tricare.mil/LifeEvents/	FP
Servicemembers' Group Life Insurance (SGLI)	Information on life insurance coverage in service and how to extend coverage after service. Note: <i>Premium payment required.</i>	https://benefits.va.gov/insurance/soes.asp	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
Traumatic Injury Protection (TSGLI)	Information on short-term financial support for eligible servicemembers recovering from severe injuries.	https://www.va.gov/life-insurance/options-eligibility/tsgli/	VABAS
VA Life Insurance	Life insurance plans offered by VA.	https://www.va.gov/life-insurance/	VABAS
VA Life Insurance Benefits MLC Course	Learn about different types of VA life insurance benefits for Service members and their loved ones based upon interests and needs.	https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
VA Life Insurance Needs	Tool to help determine the appropriate amount of life insurance recommended to provide financial coverage for family members.	https://www.va.gov/resources/deciding-how-much-life-insurance-to-get/	VABAS
VA Life Insurance (VALife)	Information on low-cost coverage life insurance to Veterans with service-connected disabilities. <i>Note: Premium payment required.</i>	https://benefits.va.gov/insurance/VALife.asp	VABAS
Veterans Group Life Insurance (VGLI)	Information on life insurance coverage after leaving the military. <i>Note: Premium payment required.</i>	https://www.va.gov/life-insurance/options-eligibility/vgli/	VABAS
Veterans Mortgage Life Insurance (VMLI)	Information on mortgage protection insurance to the families of Veterans with severe service-connected disabilities who've adapted a home to fit their needs.	Veterans' Mortgage Life Insurance (VMLI) Veterans Affairs (va.gov)	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
----------	-------------	-----	-----------

MENTAL HEALTH

About Face Website	Learn about PTSD from Veterans who've lived it through personal stories and treatment options.	https://ptsd.va.gov/apps/aboutface/	VABAS
Center for Faith-Based and Neighborhood Partnerships	Information on partnerships with faith-based and community organizations.	https://www.hhs.gov/about/agencies/iea/partnerships/index.html	VABAS
DoD InTransition	Provides behavior health continuity of care to Service members and veterans as they move between health care systems and/or providers during transition.	https://www.health.mil/Military-Health-Topics/Centers-of-Excellence/Psychological-Health-Center-of-Excellence/inTransition	MYT/ VABAS
Make the Connection	Connects veterans and their family members with information, resources, and solutions to issues affecting their lives.	https://www.maketheconnection.net/	VABAS
Mental Health: Get Help	Provides Veterans with information and resources to address unique stressors and experiences that Veterans may face.	https://www.mentalhealth.va.gov/get-help/index.asp	VABAS
Mental Health: PTSD	VA's mental health site that provides information and resources for Veterans experiencing PTSD.	https://mentalhealth.va.gov/PTSD/index.asp	VABAS
Mindfulness Coach	Application that provides strategies on how to practice mindfulness to manage PTSD and other mental health conditions.	https://mobile.va.gov/app/mindfulness-coach	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
National Center for PTSD	Resources from the world's leading research and educational center of excellence on PTSD and traumatic stress.	https://ptsd.va.gov/	VABAS
National VA Chaplain Services	On call Chaplains 24/7 to provide spiritual/religious care to all veterans and their families.	https://www.patientcare.va.gov/chaplain/index.asp	VABAS
PTSD Coach	Application to help you learn about and manage symptoms after trauma.	https://mobile.va.gov/app/ptsd-coach	VABAS
Reach Out	Provides information for Veterans to proactively seek support and resources to help manage life's challenges.	https://www.va.gov/REACH/about/	VABAS
State/Local Mental Health Services	Internet directory of websites for state agencies, city and county governments, and other organizations.	www.statelocalgov.net	MYT
Suicide Crisis Line Chat	Connects veterans and their families with free, 24/7, confidential support in times of crisis.	https://www.veteranscrisisline.net/get-help/chat	VABAS
Suicide Prevention	Provides veterans and their families with information and resources to handle mental health crisis and suicide prevention strategies.	https://mentalhealth.va.gov/suicide_prevention/index.asp	VABAS
Suicide Prevention Resources	Connection to qualified VA representatives for support closest to where you live.	https://www.veteranscrisisline.net/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
The Columbia Light House Project	Information on Suicide Prevention and other mental health resources	https://cssrs.columbia.edu/about-the-project/about-the-lighthouse-project/	VABAS
VA Mental Health Care Services	Mental health services for PTSD, psychological effects of MST, depression, grief, anxiety, or other needs.	https://www.mentalhealth.va.gov/	VABAS
VA Vet Centers	Community-based counseling centers that provide services to veterans, Service members, and their families.	https://www.vetcenter.va.gov/	VABAS
Veterans Crisis Line	Provides veterans in crisis with qualified VA responders, signs to look for, and directions on how to locate the nearest veteran facility.	https://www.veteranscrisisline.net	VABAS

SEXUAL ASSAULT AND MILITARY SEXUAL TRAUMA

DoD Safe Helpline	DoD's helpline services that offer anonymous, confidential, and support to those affected by sexual assault.	http://safehelpline.org/	PSC/MYT
My Plan App	Application to access safety strategies and resources needed for individuals experiencing IPV.	https://myplanapp.org/	VABAS
National Domestic Violence Hotline	Hotline that provides information and assistance to adult and youth victims of family violence, domestic violence.	https://www.thehotline.org/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
VA Intimate Partner Violence Assistance Program (IPVAP)	Program committed to help veterans, their partners, and VA staff impacted by IPV.	https://www.socialwork.va.gov/IPV/Index.asp	VABAS
VA Military Sexual Trauma (MST) Support	Access to support and resources for veterans and Service members who have experienced MST.	https://www.mentalhealth.va.gov/msthome/index.asp	VABAS

SOCIAL MEDIA AND NETWORKING

LinkedIn	Social media site that connects veterans and military spouses with hiring managers, other veterans, future colleagues, jobs, and learning opportunities. <i>Note: Offers free 1-year premium membership.</i>	http://www.linkedin.com/	DOL
Military-Civilian Transition Office (MCTO)	Follow MCTO on LinkedIn for information on policies and events related to TAP.	https://www.linkedin.com/showcase/military-civilian-transition-office	DoD

VOLUNTEER OPPORTUNITIES

AmeriCorps	List of national service opportunities.	https://www.americorps.gov/members-volunteers	DOL
VA Center for Development & Civic Engagement	Provides opportunities to volunteer throughout the country supporting and connecting with Veterans.	https://volunteer.va.gov/	VABAS

RESOURCE	DESCRIPTION	URL	COURSE(S)
Volunteer.gov	Find volunteer opportunities, submit applications, and track hours on this volunteer recruitment portal geared toward people who support causes managed by federal agencies.	https://www.volunteer.gov/s/	DOL

ADDITIONAL INFORMATION AND RESOURCES

FBI Extremism Tips	Website to report federal crimes and submit tips regarding terrorist activity to the FBI.	https://tips.fbi.gov/	PSC
Immigration Status	Information on applying for U.S. citizenship.	https://www.uscis.gov/	PSC/ VABAS
Naturalization Through Military Services	Information about naturalization through military service for individuals who are serving or have served in the U.S. armed forces and are interested in becoming a U.S. citizen.	https://www.uscis.gov/military/naturalization-through-military-service	VABAS
Other Than Honorable MLC Course	Provides an overview of VA benefits and services available for Service members who separated with an Other Than Honorable (OTH) character of discharge.	https://benefits.va.gov/transition/VA-TAP-Course-Catalog.asp	VABAS
USA.gov	Official website of the U.S. government with a comprehensive portal for information on government services.	https://www.usa.gov/	DOLEW, C2E

RESOURCE	DESCRIPTION	URL	COURSE(S)
VA Benefits for Service Members	Learn about benefits available for active duty and reserve component members during service and after separation or retirement from the military.	https://www.va.gov/service-member-benefits/	VABAS
Veteran ID Cards	Provides information on the different types of identification cards that Veterans can use to show their military status and get access to services.	https://www.va.gov/records/get-veteran-id-cards/	VABAS
Voting Assistance	Voting assistance for Service members and their families and overseas citizens.	www.fvap.gov/military-voter/transition	PSC
Voting Assistance for Veterans	VA supports Veterans and their families by providing easy access to information and resources for registering to vote.	https://www.va.gov/initiatives/vote/	VABAS